

Rower Name: _____

**GAR Financial, Rower Conduct, and Boat Line-Up Policies
Acknowledgement & Consent by Rower and Parent/Guardian**

Financial Policy

Nonpayment of dues and other billed items after 15 days from the due date, or any due items not paid five days prior to overnight travel, will result in the rower forfeiting the opportunity to participate in GAR activities, unless the parent or guardian has entered into a written, short term payment arrangement designed to bring the rower current, and that is approved by the President and Treasurer. If a rower is suspended or expelled for any reason, dues are non-refundable.

Rower Conduct

Rower conduct and academic policies are divided into five levels based upon seriousness of the violation:

Level 1 (Minor): Violations falling under Level 1 include 1) unexcused absences, 2) not listening to coaches or chaperones, 3) not respecting coaches, teammates, competitors, chaperones, spectators, and/or race officials, 4) not taking care of equipment and/or rowing center, 5) not performing assigned duties, 6) use of profanity, 7) public displays of affection, 8) failure to maintain a 2.0 GPA at school, and 9) minor road trip policy violations. These rules apply during any and all GAR-related activities or while on GAR property.

The first and second Level 1 violations will result in a verbal warning from the coach and written documentation in rower's discipline file. Each subsequent violation will result in progressing to the next higher Level.

Example: three violations will progress to Level 2
 four violations will progress to Level 3
 five violations will progress to Level 4
 (four or more Level 1 violations may result in a suspension)

Level 2 (Moderate): Level 2 violations occur after any three Level 1 violations and results in written (email or text) notification of parent(s) and documentation in file.

Level 3 (Serious): Level 3 violations occur after any four Level 1 violations and results in written (email or text) notification of parent(s), a coach/parent/rower meeting, notification to the XC, documentation in file, and possible suspension.

Level 4 (Very Serious): Level 4 violations occur after any five Level 1 violations, 2) possession or use of alcohol, tobacco, drugs, or drug paraphernalia during any and all GAR-related activities or while on GAR property, 3) bullying, harassment, or sexual harassment (see GAR's Athletic Safety Program on our website for details), serious road trip violations (eg., egregious curfew violations, being alone in room with opposite sex, possession or use of alcohol, tobacco, drugs, etc.).

Level 4 violations result in written (email or text) notification of parent(s), a coach/parent/rower meeting, suspension and possible expulsion, notification of XC, and documentation in file. Road trip violations may result in additional penalties (see Road Trip Policies on GAR website).

Level 5 (Expulsion): Level 5 violations include 1) illegal acts not previously covered (not to include minor traffic violations) and 2) possession of firearms or other dangerous objects (large knives, machetes, bombs, etc.) on GAR property or during any and all GAR-related activities. Note: one small multi-tool or pocket knives used to

rig or de-rig boats do not violate this policy. Rowers may text a photo of knife/tool to the Head Coach/Rowing Director for pre-approval.

Level 5 violations result in immediate suspension and expulsion from GAR, written (email or text) notifications of parent(s), notification of XC, and documentation in file. A review hearing by the XC will be conducted if requested by rower or parents in writing within 7 days. Rower will remain suspended from any and all GAR activities until hearing.

Social Media

Any social media or electronic posts, texts, or messages that violate our Athlete Safety Program Policy are prohibited and constitute a Level 4 violation with penalties as noted above.

Disciplinary Protocol

Any infraction that might occur must be dealt with by more than one authority member of GAR. Line of protocol is as follows:

Head Coach and Rowing Director. If Head Coach is Rowing Director or there is no Rowing Director, another coach may be present. If a Coach or Rowing Director is not available, Proceed with the President or Vice President of GAR.

Violation Procedure

Every violation will be documented in writing with the date and description of offense listed and signed by two authority members as per Disciplinary Protocol. The Head Coach/Rowing Director has the authority to suspend rowers for up to and including the remainder of the rowing season and may recommend longer suspensions up to one year in length or expulsion from GAR. Length of suspensions will be determined by seriousness of offense(s) in light of any and all previously documented offenses. A review hearing by the XC will be conducted if requested by any GAR affiliate (Rowing Director, Coaches, Rowers or Parents) for suspensions longer than 14 days or that cover Regional or National Championships. All requests for a hearing must be in writing (email or text) within 7 days of any violations. Rowers already on suspension who commit any additional violation may be expelled.

Boat Line-up Policy

The coaches are responsible for making boat line-ups that make GAR's regatta entries as competitive as possible. In determining boat line-ups, coaches use quantitative data such as rowers' performance on erg tests and seat races, and qualitative information, like rowers' attitudes, attendance, work ethic and team chemistry.

By signing below you acknowledge that you read, understand, and consent to all GAR policies regarding finance, rower conduct, and boat line-ups here and as noted on the website.

Rower Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____