

Rower Name: _____

GAR Behavior & Academic Policies 2018-2019
Acknowledgment and Consent by Rower and Parent/Guardian

Financial Policy

Nonpayment of dues and other billed items after 15 days from the due date, or any due items not paid five days prior to overnight travel, will result in the rower forfeiting the opportunity to participate in GAR activities, unless the parent or guardian has entered into a written, short term payment arrangement designed to bring the rower current, and that is approved by the President and Treasurer.

Rower Conduct

Academic Policy:

1. Rowers are “Student Athletes” with “student” coming first.
2. Coaches expect rowers to perform well in school, but it is the responsibility of the parent to check grades and communicate issues with the respective coach.
3. If a rower needs to take time off for academic reasons, then the parent must contact the respective coach to discuss the situation. Note: if time is taken off, then rowers may lose their seats in boats.

Attendance Policy:

1. If a rower is going to be late to practice for any reason, they must notify their coach.
2. When rowers miss practice their absence affects the entire boat.
3. If a rower is going to be absent from practice they must notify his or her coach 24 hours ahead of time or as soon as possible if sick. If 24 hour notice is not given the absence may be considered unexcused at the sole discretion of the coach and/or Rowing Director.
4. If a practice is missed without notifying the coach, this practice will be an unexcused absence.
5. If there is an illness or situation that requires more than 6 days away from practice, then the parent must notify the coach so that the situation can be discussed with the coach.
6. Three unexcused absences in a season (Fall/Spring) will result in that rower losing racing privileges for one race. Additional unexcused absences, in the same season, may result in losing additional racing privileges in that season.

Rower Code of Conduct

General Conduct:

1. Rowers will refrain from using profanity and disrespectful language at practices, regattas, and anytime they are representing GAR. All rowers represent this organization and should be a positive reflection of the team.
2. Rowers will be polite and respectful to all GAR coaches, rowers, and family members.
3. Rowers will be respectful and polite to the coaches, rowers, and family of other teams. Rowers will exhibit class and good sportsmanship at practices and regattas.
4. Rowers will be respectful of each other. Any rower having an issue with a teammate that cannot be resolved by working with the captains should speak with their coach to resolve the issue. Rowers should place the goals of the team ahead of personal conflicts with other rowers and act in a way that is constructive and beneficial to the team as a whole.
5. Rowers will refrain from public displays of affection at practices, GAR activities and regattas.
6. Violation of these policies shall result in disciplinary action.

Road Trip Policy:

1. Coaches will establish two curfew times for youth rowers during overnight hotel stays: In-Room Time and Lights Out (doors remain locked and closed after in-room time).
2. Rowers are not permitted into the room (or floor if applicable) of a rower of the opposite sex at any time.
3. After In-Room Time, no rower may leave his or her room.
4. Coaches will do nightly checks at in-room time. If all members of a room are not present, then the rower may lose racing privileges at the coach's discretion.
5. Rowers will be respectful and polite to all chaperons and understand that each chaperon is volunteering his/her own time to ensure the safety of the team. Chaperons will report to the head coach if they feel that any rower is misbehaving or being disrespectful.
6. Violation of these policies will result in disciplinary action.

Use of Alcohol and Drugs:

1. The consumption or possession of alcohol or illegal drugs by youth rowers while engaging in GAR activities is expressly forbidden. This policy applies to Youth rowers while they are members of GAR and participating in any GAR activity, including, but not limited to, time at or near the boathouse—before, during or after practice, Carbo Feasts, regattas, regatta travel (car, van, or bus), team-related hotel stays, banquets, holiday parties, team dinners, etc.
2. A youth rower found to be in possession of, in the act of consuming, or under the influence of alcohol or illegal drugs while engaged in GAR activities shall be immediately removed from participation in all GAR activities.
3. Any violation with alcohol or illegal drugs will result in the rower being expelled for one year subject to reinstatement with the approval of the Head Coach and Executive Committee.

Firearms/Dangerous Objects:

1. The possession of firearms or weapons, including explosive devices, by youth rowers while engaged in GAR activities is expressly forbidden.
2. Pocketknives are allowed provided they are only exposed when needed for a GAR- related, coach-requested task, such as cutting through rope.
3. A youth rower found to be in possession of firearms, or weapons, including explosive devices, while engaged in GAR activities shall be suspended from participation in all GAR activities pending a review of the case by the appropriate Coach, the Head Coach, and the Executive Committee.

Illegal Acts:

Illegal acts while on club grounds or while representing GAR at a regatta will result in immediate dismissal.

Conduct which results in harm, potential for harm, or the imminent threat of harm (including bullying, hazing, harassment, emotional misconduct, physical misconduct and sexual misconduct) will not be tolerated and will be grounds for immediate dismissal as well as reported to the appropriate authorities.

Disciplinary Procedures:

1. The first violation of the general conduct and road trip policies shall result in a verbal warning and an email to the rower and parent or guardian.
2. The second violation of general conduct and road trip policies shall result in a written communication to the rower, the parent or guardian, and the President and Vice President of

GAR plus a meeting or phone call with the parent and rower and the coach or coaches. The rower shall be considered on probation.

3. The third violation of the general conduct and road trip policies shall result in the same activities of a second violation plus a suspension for the next regatta.
4. The fourth violation of general conduct and road trip policies shall result in the same activities of the third violation plus the suspension of the rower for the remainder of the season (Fall/Spring) without refund of dues.
5. If a rower is suspended for the season (Fall/Spring), the rower will be on probation for the next season with any additional violation of general conduct and road trip policies resulting in a suspension without refund of dues.
6. If the Rowing Director feels a violation is sufficiently dangerous or improper, they can suspend or dismiss an athlete from the program without a first warning and without refund of dues.

Boat Line-up Policy:

The coaches are responsible for determining the boat line-ups that make GAR's regatta entries as competitive as possible. In determining rower lineups, the coaches use quantitative data, such as rowers' performance on physical challenges such as erg tests and seat races. The coaches also use qualitative information, such as rowers' attendance, attitude, work ethic, and chemistry when determining line-ups.

By signing below you acknowledge that you have read, understand, and consent to the policies for finance, general conduct, attendance, academics, road trips, use of alcohol or illegal drugs, and possession of firearms or dangerous objects.

Rower's signature: _____

Date: _____

Parent/Guardian Signature: _____

Date: _____