

Rower Name: \_\_\_\_\_

**GAR Behavioral & Academic Policies 2011-2012**  
**Acknowledgment and Consent by Rower and Parent/Guardian**

**General Conduct**

1. Rowers will refrain from the use of profanity at practice and regattas. All rowers represent this organization and should be a positive reflection of the team.
2. Rowers will be polite and respectful to all coaches. This means that if a coach of another squad asks a rower to do something, that rower will show them the same respect as they would their own coach.
3. Rowers will be respectful and polite to the coaches and rowers of other teams. Rowers will exhibit class and good sportsmanship at practices and regattas.
4. Rowers will be respectful of each other. Any rower having an issue with a teammate that cannot be resolved by working with the captains should speak with their coach to resolve the issue. Rowers should place the goals of the team ahead of personal conflicts with other rowers and act in a way that is constructive and beneficial to the team as a whole.

**Attendance Policy**

1. If a rower is going to be late to practice for any reason, they must notify one of their captains or their coach.
2. If a rower is going to be absent from practice they must notify his/her coach.
3. When rowers miss practice their absence affects the entire boat, which might not be able to get on the water without their missing rower. Rowers need to be mindful of the impact of their absence. Rowers missing practices for school work and make up tests will need to evaluate their own time management to make sure that they are using their time effectively and that they are being respectful to their teammates and boat.
4. If a practice is missed without notifying the coach, this practice will be an unexcused absence.
5. To excuse an absence, the rower must notify the coach before the missed practice begins stating the reason for the absence.
6. A rower is permitted 6 excused absences per season. If there is an illness or situation that requires more than 6 days away from practice the parent must notify the coach so that the situation can be discussed with the coach.
7. Three unexcused absences in a season (fall or spring) will result in that rower losing racing privileges for that season.

**Academic Policy**

1. During the season rowers must maintain an absolute minimum of a 2.0 GPA for that marking period in order to remain eligible to participate. Failure to maintain this GPA will result in suspension from the team until the next marking period when the minimum GPA is restored.
2. Grades will be checked for the first three quarters. Rowers will submit their report cards to the locked box in the boathouse labeled "report cards" within one week of receiving them. Due dates for rower report cards are: *November 8<sup>th</sup>, February 1st, April 10<sup>th</sup>*
3. GPA's will be verified by their coach and returned to the rowers that day.

**Road Trip Policy**

1. Coaches will establish two curfew times for youth rowers during overnight hotel stays: In-Room Time and Lights Out (doors remain locked and closed after lights out).

2. Rowers are not permitted into the room of a rower of the opposite sex at any time.
3. Coaches will agree on the same curfew times for all squads.
4. After In-Room Time, no rower may leave his or her room.
5. Coaches will verify with the appropriate chaperons that all rowers are in their rooms at In-Room Time.
6. Rowers will be respectful and polite to all chaperons and understand that each chaperon is volunteering his/her own time to ensure the safety of the team. Chaperons will report to the head coach if they feel that any rower is misbehaving or being disrespectful.
7. Violation of these policies will result in disciplinary action. Coaches, and the head coach will determine consistent sanctions that increase in severity with the nature of the violation and/or repeated violations. A violation of curfew might result in the rower being held out of the next regatta.

### **Use of Alcohol or Illegal Drugs**

1. The consumption or possession of alcohol or illegal drugs by youth rowers while engaging in GAR activities is expressly forbidden. This policy applies to Youth rowers while they are members of GAR and participating in any GAR activity, including, but not limited to, time at or near the boathouse--before, during or after practice, Carbo Feasts, regattas, regatta travel (car, van, or bus), team-related hotel stays, banquets, holiday parties, team dinners, etc.
2. A youth rower found to be in possession of, in the act of consuming, or under the influence of alcohol and/or illegal drugs while engaged in GAR activities shall be immediately removed from participation in all GAR activities.
3. Any violation with alcohol or illegal drugs will result in the rower being expelled for one year subject to reinstatement with the approval of the Head Coach and Executive Committee.

### **Possession of Firearms/Dangerous Objects**

1. The possession of firearms or weapons, including explosive devices, by youth rowers while engaged in GAR activities is expressly forbidden.
2. Pocket knives are allowed provided they are only exposed when needed for a GAR- related, coach-requested task, such as cutting through rope.
3. A youth rower found to be in possession of firearms, or weapons, including explosive devices while engaged in GAR activities shall be suspended from participation in all GAR activities pending a review of the case by the appropriate Coach, the Head Coach, and the Executive Committee.

**By signing below you acknowledge that you have read, understand, and consent to the guidelines for: general conduct, attendance policy, academic policy, road trip curfews, use of alcohol or illegal drugs, and possession of firearms/dangerous objects.**

Rower's signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent/Guardian signature: \_\_\_\_\_

Date: \_\_\_\_\_